

What's Cooking?

Stir up your style with some fun accessories



"Limed oak or white painted furniture adds a New England coastal feel to a room."

Cathryn Bishop, Cornish Interiors, cornishinteriors.co.uk



Mussel dish, handmade and hand-painted in North Cornwall, £45. **The Atlantic Blanket Company**, 0845 658 5194, atlanticblankets.com



Vintage-style whitewashed heart cupboard, £69.95. **Interiors@Tides**, 01625 578105, interiors-tides.co.uk



Lighthouse Stripe Red and Lighthouse Stripe Denim vintage aprons, £22. **Runaway Coast**, 0845 054 3775, runawaycoast.com



Original Style Glasworks Collection Arctic Tumbled tiles, from £2.30 per tile/£229.95m² (inc VAT). **Tileworld** (St Austell), 01726 65434, tileworldcornwall.co.uk



"Good lighting is essential, so do it in true nautical style with an eye-catching Hurricane Lamp suspended above your table."

Suzanne Hargreaves, Suzanne Hargreaves Interior Design, suzannehargreaves.co.uk

Wicker cutlery tray, £10. **Alison Capeling** (Truro), 0845 539 0276, alisoncapeling.com

Coastal Interiors Bedroom

Sleep in Style

Create a peaceful space for dreamy nights



"Break away from the obvious blue and white and inject some colour. Our coastline has plenty of beiges and greens too and these can create a more modern take on 'coastal'"

Cathryn Bishop, Cornish Interiors, cornishinteriors.co.uk

Cream lambswool striped blanket, £195. **The Atlantic Blanket Company**, 0845 658 5194, atlanticblankets.com



Spiral chrome shell doorstop, £9.95. **Interiors@Tides**, 01625 578105, interiors-tides.co.uk



Lampshade and base, £32. **Old Palace Antiques & Interiors** (Lostwithiel), 01208 872909



Lighthouse Stripe duvet cover in Sky, from £45 for a single; Oxford pillowcase, £18 each; cushions in assorted Lighthouse Stripe, from £35. **Runaway Coast**, 0845 054 3775, runawaycoast.com



Vanessa Arbuthnott linen union fabric 'Seashells & Sand - Sand, Cranberry and Rose Pink', £41m. **Just Fab** (Launceston), 01566 776279, justfab.co.uk



"White wooden Venetian blinds are smart and practical - perfect for creating a coastal feel that requires light-reflective surfaces and no-fuss fittings"

Suzanne Hargreaves, Suzanne Hargreaves Interior Design, suzannehargreaves.co.uk